**January 2023**

M T W TH F

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| **2. NO SCHOOL**  **Breakfast tornado,, strawberries, milk/juice**  **Hot dog on**  **WG bun,**  **French fries,**  **Banana,**  **Milk** | **3. NO SCHOOL**  **Breakfast bagel, pears, milk/juice**  **Fiestada,**  **Romaine salad,**  **Avocado,**  **Watermelon,**  **Milk** | **4.**  **Donuts, egg, peaches, milk/juice**  **Cheese ravioli,**  **WG breadstick,**  **Green beans,**  **Applesauce,**  **Milk** | **5.**  **Pancake, blueberries, milk/juice**  **Teriyaki dippers,**  **Corn bread muffin,**  **Baked beans,**  **Oranges,**  **Milk** | **6.**  **Breakfast sandwich, fruit cocktail, milk/juice**  **Pizza bites,**  **Cottage cheese,**  **Carrots,**  **Apples,**  **milk** |
| **9.**  **Breakfast pizza, pears, milk/juice**  **Chicken patty**  **on WG bun,**  **Sweet potato fries,**  **Rainbow carrots,**  **Grapes,**  **Milk** | **10.**  **Scrambled eggs, toast, blueberries, milk/juice**  **Crispitos,**  **Romaine salad,**  **Black bean salad,**  **Strawberries,**  **Milk** | **11.**  **Waffles, fruit cocktail, milk/juice**  **Beef and WG noodles,**  **WG roll,**  **Corn,**  **Honeydew,**  **Milk** | **12.**  **Biscuits and gravy, peaches,**  **Milk/juice**  **Scalloped potato and ham,**  **Bread and butter,**  **Asparagus,**  **Pineapple,**  **Milk** | **13.**  **Breakfast bar, egg, oranges, milk/juice**  **WG Grilled cheese,**  **Tomatoes,**  **Celery,**  **Apples,**  **Milk** |
| **16.**  **French toast, Fruit cocktail, Milk/juice**  **Pulled pork on**  **WG bun,**  **Mashed potatoes,**  **Pineapple,**  **Milk** | **17.**  **Omelet, toast, banana**  **milk/juice**  **quesadilla**  **Romaine salad,**  **Black bean salad,**  **Apples,**  **milk** | **18. NO SCHOOL**  **Bagel, egg, blueberries,**  **Milk/juice**  **PB&J**  **Cottage cheese,**  **Carrots,**  **Pears,**  **Milk** | **19.**  **Pancake stick, peaches, milk/juice**  **Chili,**  **Cinnamon roll,**  **Acorn squash,**  **Applesauce,**  **Milk** | **20.**  **Cereal bar, egg, strawberries, milk/juice**    **Fish sticks,**  **Carrots/celery**  **Grapes,**  **milk** |
| **23.**  **Apple frudel, banana, milk/juice**  **Cheddarwurst on WG bun,**  **Baked beans,**  **Apples,**  **Milk** | **24.**  **Egg bake, toast, strawberries, Milk/juice**  **Chicken burrito,**  **Romaine salad,**  **avocado**  **Peaches,**  **Milk** | **25.**  **Muffin, egg, blueberries,**  **Milk/juice**  **Macaroni and cheese with**  **WG noodles,**  **corn,**  **Oranges,**  **Milk** | **26.**  **Ham hash brown, pineapple, milk/juice**  **Meatball sub on WG bun,**  **Tomato/cucumber**  **Pears,**  **Milk** | **27.**  **Cinnamon pretzel, fruit cocktail, milk/juice**  **Cheese bread**  **Carrots,**  **Applesauce,**  **Milk** |
| **30.**  **Donuts, eggs, banana,**  **Milk/juice**  **Chicken strips,**  **carrots,**  **Cucumbers,**  **Oranges,**  **milk** | **31.**  **Egg frittata, toast, blueberries,**  **Walking taco,**  **Romaine salad,**  **Black bean salad,**  **Pineapple,**  **Milk** |  |  | **This institute is an equal opportunity provider**    **Menu’s subject to change upon availability** |