**March 2023**

 M T W TH F

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| **Breakfast items available:****Yogurt,****Hard egg,****String cheese****Lunch items available:****Romaine salad,****PB&J** | **This institute is an equal opportunity provider****Menu’s subject to change upon availability** | **1.****French toast sticks,****strawberries, milk/juice****tuna noodle crunch,****WG roll,** **Green beans,****Blueberries,****Milk** | **2.****Breakfast sandwich, pears milk/juice****Hot dogs on****WG bun,****Sweet potato,****Watermelon,****Milk** | **3. NO SCHOOL****Bagels, sausages, strawberries, milk/juice****Cheese crunchers,****Cottage cheese,****Corn,****Applesauce,****milk** |
| **6.****Mini breakfast bites, egg, banana, milk/juice****Chicken tenders,****WG roll****baked beans,** **grapes,** **milk** | **7.****omelet, toast, blueberries, milk/juice****Chicken quesadilla,****Avocado,** **Romaine salad,****Apple,****Milk** | **8.****Cherry frudel, egg, pears,** **milk/juice****turkey tetrazzini,****WG Breadstick,****Butternut squash,****Oranges,****Milk** | **9.** **Waffles, peaches,** **milk/juice****pork patty on** **WG bun,****mashed potatoes,****Pineapple,****Milk** | **10.****Breakfast calzone, applesauce, milk/juice****Cheese pizza,****Cauliflower,****red pepper,** **Strawberries,****Milk** |
| **13.****Muffins, egg, fruit cocktail, milk/juice****Ham and cheese sandwich on WG bun,****Sweet potatoes,****Banana,****Milk** | **14.****Scrambled eggs, toast, applesauce, milk/juice****Hard shell beef taco,****Black bean corn salad,****Romaine salad****Peaches,****Milk** | **15. NO SCHOOL****Pancake stick, blueberries, milk/juice****PB&J****Cottage cheese,****cucumbers****Pineapple,****Milk** | **16.****Breakfast pizza, apples, milk/juice****Chicken noodle soup,****WG roll,****Asparagus,** **Grapes,****Milk** | **17.** **DONUTS W/ GROWNUPS****Donuts, egg, strawberries, milk/juice****Fish sandwich on WG bun,****Mashed potatoes,****carrots,****Oranges,****Milk** |
| **20.****Cereal bar, egg, banana, milk/juice****Grilled chicken sandwich,****Tri taters,****Tomatoes,****Oranges,****Milk** | **21.****Biscuits and gravy, blueberries, milk/juice****Chili chicken burrito,****Avocado,****Romaine salad,****Peaches,****Milk** | **22.****French toast sticks, strawberries, milk/juice****Macaroni and cheese,****WG Roll,****Rainbow carrots,****Apples,****Milk** | **23.****Breakfast bagel, pineapple, milk/juice****Meatloaf,****Corn muffin,****Baked beans,****Pears,****Milk** | **24.****pancakes, applesauce, milk/juice****cheese bread,****Cottage cheese,****Red peppers,****Grapes,****milk** |
| **27.****Cream cheese pretzel, fruit cocktail, milk/juice****Grilled cheese sandwich,****Zucchini****Banana,****Milk** | **28.****Egg bake, toast,** **peaches,****Milk/juice****Walking taco,****Black bean corn salsa,****Romaine salad,****Grapes,****Milk** | **29.****WG cinnamon bun, hard egg, blueberries, milk/juice****Ramen noodles w Chicken,****WG roll,****Corn,****Strawberries,****Milk** | **30.****Egg frittata, toast, pears, milk/juice****Chicken Caesar on** **WG tortilla****Orange peppers,****Apples,****milk** | **31.****Breakfast sandwich, pineapple, milk/juice****Pizza bites,****Acorn squash,****Oranges,****Milk.** |