**August 2022**

 M T W TH F

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| **1****Apple frudel, banana, milk/juice****Popcorn chicken,** **WG roll,****Mashed potato, red pepper, apples,****Milk** | **2.****Breakfast bar, strawberries, milk/juice****Beef taco,** **avocado,****Romaine salad,** **Oranges,****Milk** | **3.****French toast sticks,****Blueberries, milk/juice****Spaghetti,****WG breadstick,** **Green beans,****Peaches,****Milk** | **4.****Breakfast sandwich, pineapple, milk/juice****Cuban pork sandwich on** **WG bun,****Baked beans,****Pears,****Milk** | **5.** **Bagels, sausages, fruit cocktail, milk/juice****Cheese pizza,****Carrots,****Applesauce,****milk** |
| **8****Ham/cheese hash, banana, milk/juice****Chicken patty on** **WG bun,** **baked beans,** **grapes,** **milk** | **9.****Pancakes, blueberries, milk/juice****Cheese quesadilla,****Avocado,** **Romaine salad,****Apple,****Milk** | **10.****Egg bake, toast, pears, milk/juice****Cowboy cavatini,****WG Breadstick,****Butternut squash,****Oranges,****Milk** | **11.** **Waffles, peaches, milk/juice****Fish sticks,** **WG Roll,****Corn,****Pineapple,****Milk** | **12.****Breakfast calzone, applesauce, milk/juice****Pretzel stick,****Cauliflower/red pepper,** **Strawberries,****Milk** |
| **15.****Muffins, fruit cocktail, milk/juice****Hot dog on** **WG bun,****Sweet potato fries,****Banana,****Milk** | **16.****Omelet, toast, applesauce, milk/juice****Chili cheese burrito,****Avocado,** **Romaine salad,****Peaches,****Milk** | **17.****Pancake stick, blueberries, milk/juice****Chicken noodle,** **WG roll,****Mashed potato,****Pineapple,****Milk** | **18.****Breakfast pizza, apples, milk/juice****Mr. Rib on** **WG bun,****Baked beans,****Grapes,****Milk** | **19.****Donuts, strawberries, milk/juice****Grilled Cheese on** **WG bread,****Cucumbers/carrots,****Oranges,****Milk** |
| **22.****Cereal bar, banana, milk/juice****Cheeseburger on WG bun,****French fries,****Tomatoes,****Oranges,****Milk** | **23.****Scrambled eggs, toast, blueberries, milk/juice****Chicken enchiladas,****Avocado,****Romaine salad,****Peaches,****Milk** | **24.****French toast bites, strawberries, milk/juice****Macaroni & Cheese,****WG Roll,****Asparagus,****Apples,****Milk** | **25.****Breakfast boat, pineapple, milk/juice****General chicken,****Rice,****Black bean salad,****Pears,****Milk** | **26.****Breakfast egg roll, applesauce, milk/juice****Cheese bread,****Red peppers,****Grapes,****milk** |
| **29.****Cream cheese pretzel, fruit cocktail, milk/juice****Chicken tenders,****Bread/butter,****Sweet potato fries,****Banana,****Milk** | **30.****Egg tornado, peaches,****Milk/juice****Cheesy chicken burrito, avocado,****Romaine salad,****Grapes,****Milk** | **31.****Biscuits & gravy, apples, milk/juice****Sloppy joe****Baked beans,****Oranges,****Milk** |  | **This institute is an equal opportunity provider****Menu’s subject to change upon availability** |