**August 2022**

M T W TH F

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| **1**  **Apple frudel, banana, milk/juice**  **Popcorn chicken,**  **WG roll,**  **Mashed potato, red pepper, apples,**  **Milk** | **2.**  **Breakfast bar, strawberries, milk/juice**  **Beef taco,**  **avocado,**  **Romaine salad,**  **Oranges,**  **Milk** | **3.**  **French toast sticks,**  **Blueberries, milk/juice**  **Spaghetti,**  **WG breadstick,**  **Green beans,**  **Peaches,**  **Milk** | **4.**  **Breakfast sandwich, pineapple, milk/juice**  **Cuban pork sandwich on**  **WG bun,**  **Baked beans,**  **Pears,**  **Milk** | **5.**  **Bagels, sausages, fruit cocktail, milk/juice**  **Cheese pizza,**  **Carrots,**  **Applesauce,**  **milk** |
| **8**  **Ham/cheese hash, banana, milk/juice**  **Chicken patty on**  **WG bun,**  **baked beans,**  **grapes,**  **milk** | **9.**  **Pancakes, blueberries, milk/juice**  **Cheese quesadilla,**  **Avocado,**  **Romaine salad,**  **Apple,**  **Milk** | **10.**  **Egg bake, toast, pears, milk/juice**  **Cowboy cavatini,**  **WG Breadstick,**  **Butternut squash,**  **Oranges,**  **Milk** | **11.**  **Waffles, peaches, milk/juice**  **Fish sticks,**  **WG Roll,**  **Corn,**  **Pineapple,**  **Milk** | **12.**  **Breakfast calzone, applesauce, milk/juice**  **Pretzel stick,**  **Cauliflower/red pepper,**  **Strawberries,**  **Milk** |
| **15.**  **Muffins, fruit cocktail, milk/juice**  **Hot dog on**  **WG bun,**  **Sweet potato fries,**  **Banana,**  **Milk** | **16.**  **Omelet, toast, applesauce, milk/juice**  **Chili cheese burrito,**  **Avocado,**  **Romaine salad,**  **Peaches,**  **Milk** | **17.**  **Pancake stick, blueberries, milk/juice**  **Chicken noodle,**  **WG roll,**  **Mashed potato,**  **Pineapple,**  **Milk** | **18.**  **Breakfast pizza, apples, milk/juice**  **Mr. Rib on**  **WG bun,**  **Baked beans,**  **Grapes,**  **Milk** | **19.**  **Donuts, strawberries, milk/juice**  **Grilled Cheese on**  **WG bread,**  **Cucumbers/carrots,**  **Oranges,**  **Milk** |
| **22.**  **Cereal bar, banana, milk/juice**  **Cheeseburger on WG bun,**  **French fries,**  **Tomatoes,**  **Oranges,**  **Milk** | **23.**  **Scrambled eggs, toast, blueberries, milk/juice**  **Chicken enchiladas,**  **Avocado,**  **Romaine salad,**  **Peaches,**  **Milk** | **24.**  **French toast bites, strawberries, milk/juice**  **Macaroni & Cheese,**  **WG Roll,**  **Asparagus,**  **Apples,**  **Milk** | **25.**  **Breakfast boat, pineapple, milk/juice**  **General chicken,**  **Rice,**  **Black bean salad,**  **Pears,**  **Milk** | **26.**  **Breakfast egg roll, applesauce, milk/juice**  **Cheese bread,**  **Red peppers,**  **Grapes,**  **milk** |
| **29.**  **Cream cheese pretzel, fruit cocktail, milk/juice**  **Chicken tenders,**  **Bread/butter,**  **Sweet potato fries,**  **Banana,**  **Milk** | **30.**  **Egg tornado, peaches,**  **Milk/juice**  **Cheesy chicken burrito, avocado,**  **Romaine salad,**  **Grapes,**  **Milk** | **31.**  **Biscuits & gravy, apples, milk/juice**  **Sloppy joe**  **Baked beans,**  **Oranges,**  **Milk** |  | **This institute is an equal opportunity provider**    **Menu’s subject to change upon availability** |